

Coaching Circles



Be not afraid of growing slowly, be afraid only of standing still. - Chinese Proverb

Do you ever wish you had someone to talk over a difficult work situation? A conflict with an employee? How to ask for a raise? What to do about an underperforming staff member?

Please consider joining a Finding Resolution Consulting (FRC) Coaching Circle (CC), a new initiative of FRC. It is reasonably priced, confidential, and small (limited to 5 or fewer women leaders).

The FRC Coaching Circles provide women peer support and coaching through workplace challenges. Leaders, managers and university department chairs can feel isolated and lack confidence despite many professional achievements.

Being part of a circle allows an alliance of peers and a certified leadership coach to give real time feedback to specific questions & scenarios. Ann Rosser, a certified coach and mediator will lead the discussions. During each session, members will create an action plan of specific steps so anxiety is reduced when approaching stressful situations.

Go to www.findingresolution.net for more information.

Contact Ann Rosser at arosser@findingresolution.net

Among the topics to be discussed:

- Salary/raise negotiation
- Employee conflict
- “Tough” bosses
- Impostor Syndrome
- Managerial leadership
- Networking
- Time Management
- Share and problem-solve to create stronger sense of confidence
- Members limited to no more than 5 in each circle
- Each circle meets twice a month for 60 minutes (via teleconference format). Circles formed in the Washington, DC area have the option of meeting in person.
- Discussions are strictly confidential
- 3-month and 6-month packages available.



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